

# Swing Consistently Like Tiger Woods

Contributed by Administrator  
Thursday, 02 August 2007  
Last Updated Tuesday, 15 January 2008

Tiger Woods consistently hits his irons with more accuracy and straighter than most of his peers. Because he swings his club the same way every time, he is more likely to repeat his golf swing over and over again. The more often he repeats his swing, then the more often he will generate a predictable result.

Tiger Woods consistently hits his irons with more accuracy and straighter than most of his peers. Because he swings his club the same way every time, he is more likely to repeat his golf swing over and over again. The more often he repeats his swing, then the more often he will generate a predictable result. As we know, for Tiger, predictable results leads to more tournament wins and increasing earnings. For us mere mortals, it means lower scores and of course lower golf handicaps.

Creating a consistent swing is the primary goal of any golfer. The secret to producing a repeatable swing with your irons is keeping the clubface square in relation to the swing path. If you fail to do so, then it forces you to make compensatory moves in order to return the clubface square to the ball.

Outlined below are the five key steps to establishing a consistent golf swing:

## 1. Stay Connected.

Good players "stay connected" during the swing. This means that your arms, shoulders, and hands move away from the ball as a single unit as you start your backswing. This will ensure that the clubhead travels on a wide arc away from the ball.

## 2. Set your club on the proper plane

A consistent swing will put the club on its proper plane. In order to do so, you must "hinge" your wrists as you move into your backswing. As your arms continue to swing upward and your body turns, the wrists should point the clubhead skyward while your left shoulder replaces the right shoulder at address. The angle of the shaft in relation to the ball should stay the same and the clubhead will remain square to the swing's path.

## 3. Swing into the top slot

When your backswing has reached its peak, your club will move into "the slot" position. This is where your club's shaft is horizontal to the ground and parallel to your target line. Additionally, the clubface's angle should match your arm's angle. This is known as square or neutral, and is the ideal position to aim for at the top of the backswing. Finally, your original spine angle and your head position are the same as at address. Your shoulders are turned 90 degrees, and simultaneously your hips are turned 45 degrees. Most of your weight should be over the right foot and you should feel resistance in your right knee and right thigh respectively.

## 4. Keep the force of the swing

Let your weight fall back on your left side and your upper body start to unwind, as you move into the downswing. Also, drop your right elbow down to your side. This will flatten your swing slightly. You then want to shift your weight to the left side, causing your right heel comes off the ground slightly. Try to retain the 90 degree angle between the shaft and your left wrist for as long as possible. Let your hands lead the club into the ball at impact.

## 5. Open your shoulders

Many people believe that your shoulders should return to a square position upon contact. Actually, your shoulders should be slightly open during contact. This will ensure that the club has the room needed to follow through on the correct path to the ball. Simply stated, your body has to get out of the way. For consistent ball striking with your irons, finish with a balanced follow-through.

Also, if you want to build a repeatable swing, then striking the ball sharply and cleanly is important. Practice this drill and your ball striking will improve. Over time, you will feel yourself swinging the club the same way. Condition yourself to produce repeatable swing, will produce accuracy, consistency, and a lower score. Your swing may not look like Tiger Wood's, but your game will improve.